

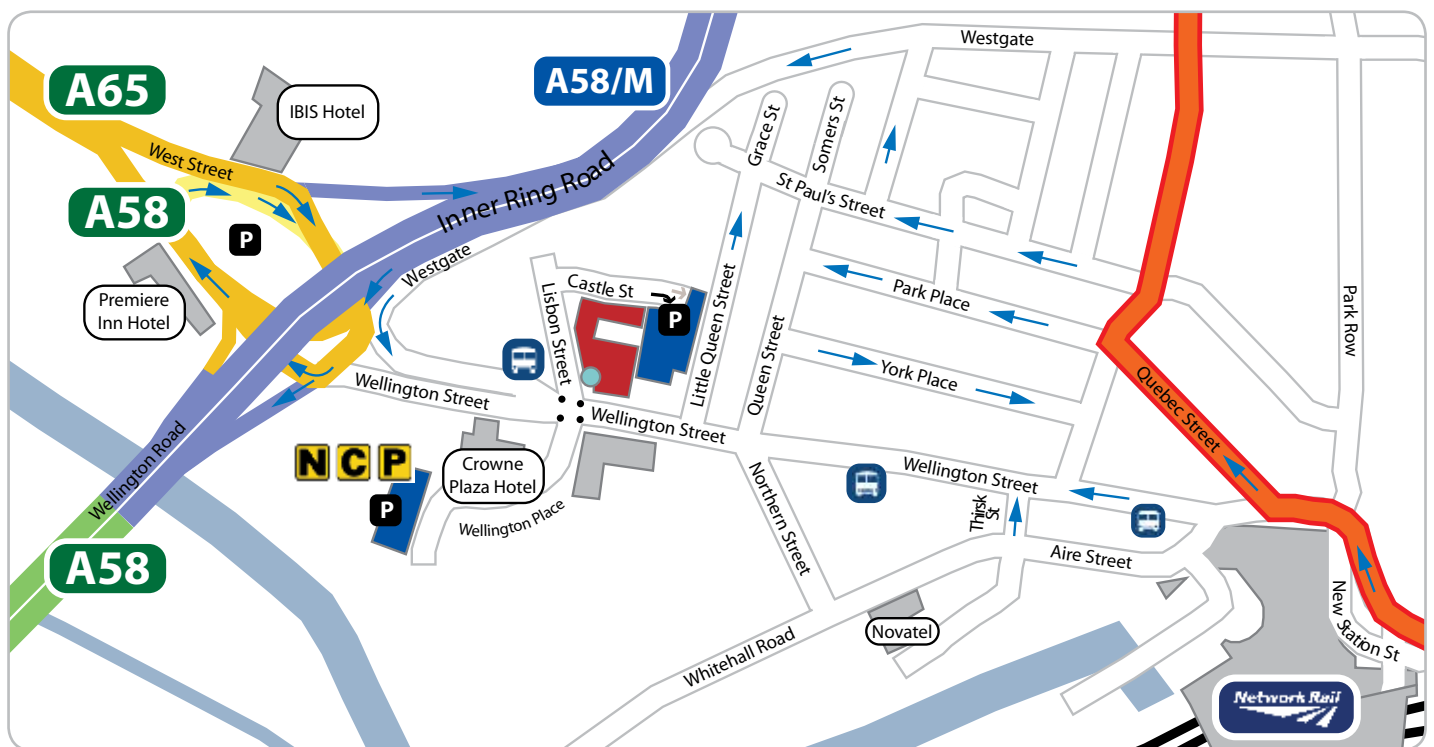
## From Leeds Rail Station

- 1) Take the **Aire Street** Exit (after MacDonalds and Starbucks).
- 2) Walk down the street to the right of the triangular glass building.
- 3) Turn right into **Thirsk Street** and then left into **Wellington St.**
- 4) Continue until you reach the **WestOne offices** - the main entrance is on your right, just after Starbucks.
- 5) Reception will direct you to the Symbiosis Training Suite.

**Note:** The complete journey is a 5-10 minutes walk.

## By Car from the Ring Road

- 1) Turn off the Inner Ring Road and follow signs for the **Leeds City Centre /Train Station**. (You'll be heading into Leeds on a short section of dual-carriageway with the Crowne Plaza Hotel on your right).
- 2) For the **YorParks car park**, turn left at the traffic lights into **Lisbon Street**. Follow the road to the end and turn right into **Castle Street**. The YorParks car park is at the end. **For the NCP Car Park** turn right at the traffic lights into **Wellington Place**. Follow the road to the end.
- 4) Walk to the **WestOne office** entrance. Reception will direct you to the Symbiosis Training Suite.



The **NCP** Multi-storey car park is located in Wellington Place.  
£10.50 for up to 8hrs.

**YorParks** is a Multi-storey car park accessed up a ramp at the left hand side of the car park building.  
£8.50 for up to 8hrs.